



Home FAST

Home Falls and Accidents Screening Tool



Fall-proof your home

Floor coverings

Over time, it is easy for floor surfaces to get worn and damaged. This wear and tear can catch your feet and trip you up. Torn carpet/lino, chipped or loose tiles and lumpy rugs are all hazards to watch out for.

It's also important to think about how slippery your floors get. Hard floors are more likely to cause an injury in the event of an accident.

Solutions

- **Repair** any flooring that is torn, badly worn or not fitted securely.
- **Replace** any missing or cracked tiles.
- **Replace** floor coverings that have poor slip-resistance.
- Make sure that carpet or mats **lie flat**, with no bumps or loose patches.
- Take care in areas where two different types of flooring meet. These joins should be smooth and clearly identified.

People who can help

Family & volunteers:

Assist with removing old floor coverings.

Handyman:

Remove, replace and (where possible) repair damaged floor coverings.

Floor suppliers:

Advise on new floor coverings & arrange installation

For a free fall risk assessment and tips on preventing falls:
www.stopfallsathome.com.au